WELCOME TO THE NSA MONTEREY CHAPEL
St. Thomas Aquinas Roman Catholic Community

24 March 2019
Third Sunday of Lent

~ COMMAND CHAPLAIN ~
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~ CIVILIAN CHAPEL STAFF ~
Organist/Pianist – Mr. Tim Bennett
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Sunday Mass: 0900
Weekday Mass (Mon – Thurs): 1205
Holy Days of Obligation: 1205 & 1715
Sacrament Of Penance
Confession/Reconciliation

Available by Appointment & the
First and Third Sunday of each month 0830-0900
JUST FOR MASS: LENT
So you're looking for something special to do for Lent. Here's something you can "take up": Ask one of your non-practicing Catholic friends or relatives to join you for Sunday mass, coffee and donuts. Just one time, no obligation. What greater gift could you give them than the opportunity to restart their commitment to the faith?

RECONCILIATION SERVICE:
The St. Thomas Aquinas Chapel will host a Lenten Reconciliation Service for the community on 10 April at 1715. Please join us for prayer, music, and individual Confession.

DAILY MASS: AN IDEA Whose TIME HAS COME?
Many of us may have thought about attending daily Mass, but there never seems to be enough time. Studies, family life, sports, you name it. Too many things to do! But there is good news. If we attend daily Mass, somehow God can make us more effective in our relationships, work, and play. So give daily Mass a try – a one week trial should let you know if it is something good for you and your life. It’s worth the gamble!

VOLUNTEERS NEEDED: ST. THOMAS AQUINAS CHAPEL MINISTRIES
Please consider helping the St. Thomas Aquinas community through service to the parish. We are in need of ushers, extraordinary ministers of Holy Communion, lectors, altar servers, daily Mass servers, religious education teachers, or anywhere you can help. We thank you for your prayerful consideration; please contact John Gats at jvgats@nps.edu if you can help.

MONTEREY KNIGHTS OF COLUMBUS:
The Monterey Knights of Columbus council 1465 meets at 462 Webster Street on the 2nd and 4th Wednesday of each month at 7:00 pm. The council serves all requests from the local clergy and most of our manpower is drawn from St. Thomas Aquinas Catholic community. The 2nd Wednesday of each month is a family social where we offer a place for like-minded Catholic families to fellowship, and freely speak Catholicism without fear of reprisal. The council offers several opportunities for group charitable works including vocations sponsorship, support to the mentally disabled and seminarians, Catholic funeral and baptism assistance, and we put American flags at the graves of Catholic veterans on Memorial Day and Independence Day each year. If you are an adult male, a practicing Catholic, and desire to support Monterey's exclusively Catholic network, come to the next vocations sponsorship, support to the mentally disabled and seminarians, Catholic funeral and baptism assistance, and we put American flags at the graves of Catholic veterans on Memorial Day and Independence Day each year. If you are an adult male, a practicing Catholic, and desire to support Monterey's exclusively Catholic network, come to the next

LENTEN REGULATIONS:
Ash Wednesday and Good Friday are obligatory days of universal fast and abstinence. Fasting is obligatory for all who have completed their 18th year until the beginning of their 60th year. Fasting allows a person to eat one full meal. Two smaller meals may be taken, not to equal one full meal. Abstinence (from meat) is obligatory for all who have completed their 14th year of age (c. 1252). If possible, the fast on Good Friday is continued until the Easter Vigil (on Holy Saturday night) as the "paschal fast" to honor the suffering and death of the Lord Jesus and to prepare ourselves to share more fully and celebrate more readily his Resurrection (see Sacrosanctum Concilium, 109). Fridays in Lent are obligatory days of abstinence (from meat) for all who have completed their 14th year. As always, anyone for whom fasting or abstinence would pose a health risk is excused.

Archbishop Broglio has dispensed anyone in combat from the obligation of fast and abstinence. Because no one, however, can be dispensed from Lenten penance, all those in combat are encouraged to use their hardships as penance. All Catholic priests are urged to ensure that every Catholic has the opportunity to celebrate the Sacrament of Penance during Lent.

STATIONS OF THE CROSS AND SOUP SUPPER:
During the Friday’s of Lent, we will hold stations of the cross in the Chapel at 1715 starting Friday, March 8th and going through Friday, April 12th. Immediately after Stations of the Cross, we will gather in the chapel annex for fellowship and a Lenten soup supper. There is a sign up list in the back of the church for those who would like to bring soup for one or more of the Fridays. If you have questions, please contact Leigh Ann, leighannkkelly@gmail.com or (251) 213-1917.

WEEKDAY READINGS:
MON 25: IS 7:10-14; 8:10; PS 40:7-8A, 8B-9, 10, 11; HEB 10:4-10; JN 1:14AB
LK 1:26-38
TUE 26: DN 3:25, 34-43; PS 25:4-5AB, 6 AND 7BC, 8-9; JL 2:12-13; MT 18:21-35
WED 27: DT 4:1, 5-9; PS 147:12-13, 15-16, 19-20; SEE JN 6:63C, 68C; MT 5:17-19
THU 28: JER 7:23-28; PS 95:1-2, 6-7, 8-9; JL 2:12-13; NK 11:14-23
FRI 29: HOS 14:2-10; PS 81:6&8A, 8BC-9, 10-11AB, 14 AND 17; MT 4:17; MK 12:28-34
SAT 30: HOS 6:1-6; PS 51:3-4, 18-19, 20-21AB; PS 95:8; LK 18:9-14

CATHOLIC WOMEN OF THE CHAPEL:
The Catholic Women of the Chapel meet on Tuesdays from 9:30-11:30 AM at NPS Annex. We are a group of women associated with the military who come together to learn about our faith, serve our community, and provide fellowship to one another. We hope you will come join us! CWOC will be off for Spring Break and will resume meetings on April 2nd. For more information please email: CWOC.MontereyCA@gmail.com and find us on Facebook at: Catholic Women of the Chapel (CWOC) ~ Monterey, CA

ALTAR SERVER TRAINING:
Do you have a child that is interested in becoming an altar server? If your child has received their First Communion and is enrolled in our religious education program, please contact Sarah Farley, slfarley82@gmail.com for details on new altar server training.