

Action POC: Antolino Colon

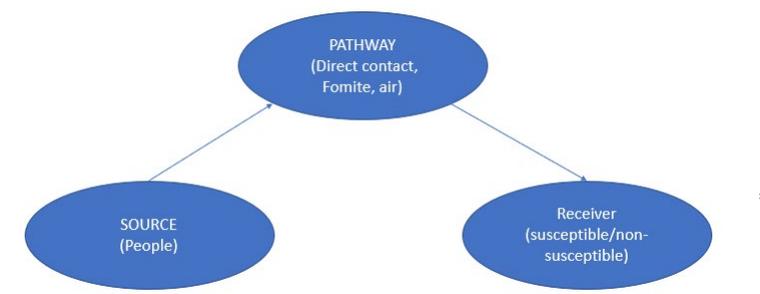
**Subj: GENERAL TRANSMISSION CONTROL – NAVAL POSTGRADUATE SCHOOL
COVID-19 RESPONSE**

Purpose: Promulgate procedure for transmission control at NPS during the COVID pandemic.

Actions:

Break the triangle from source, via pathway to receiver:

- **Control the Source;** Utilize face coverings when around other people within 6ft outdoors, inside always unless alone in personal area or office. Disallow personnel who are showing symptoms to come on campus and don't come in if sick.
- **Control the receivers;** have susceptible/vulnerable populations self-identify and not come to campus to the maximum extent possible.
- **Control the environment:** indoors, ensure properly working HVAC system or open windows, more fresh air is better. Clean high touch surfaces and Wash hands.



**Note: We are all susceptible, to varying degrees, what changes is “how” susceptible you are.*

- Avoid Close Contact*
- Maintain at least six-foot (1 Fathom) social distancing from individuals.
- Face Coverings** (non-fit tested masks):
 - Ref Docs: NAVADMIN 100/20 and NAVADMIN 298/20
 - Coverings with an exhaust valve and neck gaiter style face coverings are prohibited at NPS.
 - Coverings will always be worn while indoors, unless alone in a private space.
 - Coverings will be worn outside when 6 ft of physical distancing cannot be maintained or when walking by others. Coverings should always be available.
 - Coverings will fit snugly but comfortably against the face and fit over the nose and the chin.
 - Full face coverings (like ski masks) are not authorized.
 - Coverings must be secured with ties or ear loops.

- Frequently wash hands with soap and water for at least 20 seconds, or if soap and water are not available, use an alcohol-based hand sanitizer (60% alcohol).
- Go home and avoid all social interaction outside the household when sick with shortness of breath, fever or cough.
- Clean at beginning of day and at end of day high contact surfaces that are touched by many different people.
 - Clean first with general purpose cleaner and/or
 - Wipe down with chlorine solution or other EPA approved disinfectant.

Notes:

***Close Contact** Someone who was within 6 feet of an infected person for a cumulative total of 15 minutes or more over a 24-hour period* starting from 2 days before illness onset (or, for asymptomatic patients, 2 days prior to test specimen collection) until the time the patient is isolated. However Any duration of exposure should be considered prolonged if the exposure occurred during performance an aerosol-generating procedure or event (singing, coughing, sneezing etc.).

** **the face coverings/masks prevent spread from individuals without symptoms, they do not protect you, they protect others from you by providing source control.** These coverings do not seal around your face and provide very limited protection. Respirators such as N95's have to be fit-tested, that means they have to seal against your face and this provides the protection against particles along with the N95 material construction, which filters our 95% of particles >0.3um.